

This issue of *The Park Page* is dedicated in memory of Mildred (Miriam bat Pinchas) Slipoy a”h.

THE PARK PAGE

The Weekly Bulletin of Young Israel of New Hyde Park

July 23-30, 2010

Parashat Vaetchanan • Shabbat Nachamu
Issue #192

13-19 Av 5770

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Parasha	Artsroll 958, Soncino 755
Haftara	Artsroll 1196, Soncino 776

Schedule of Services and Classes

Friday, July 23 / 12 Av

Shacharit	6:15 am
Mincha/Maariv	7:00 pm
Candle-lighting, no later than	8:01 pm

Saturday, July 24 / 13 Av

Navi Shiur – Sefer Yirmiyahu (R. Teitelman)	8:15 am
Shacharit	8:45 am
Latest time for Shema	MA 8:47, GRA 9:23 am
Youth Groups	10:00 am
Shiur: Nichum Avelim (R. Teitelman)	7:10 pm
Mincha, followed by Seuda Shelishit	7:50 pm
Shabbat ends	9:04 pm

Sunday, July 25 / 14 Av

Shacharit	8:10 am
Yerushalmi Berakhot Shiur (R. Teitelman)	8:50 am
Mincha/Maariv	8:00 pm

Monday, July 26 / 15 Av – Tu be-Av

Shacharit	6:10 am
Mincha/Maariv	8:00 pm

Tuesday, July 27 / 16 Av

Shacharit	6:15 am
Mincha/Maariv	8:00 pm

Wednesday, July 28 / 17 Av

Shacharit	6:15 am
Navi Shiur – Sefer Shmuel (R. Bilitzky)	10:00 am
Gemara Shiur – Masekhet Kiddushin (R. Bilitzky)	11:00 am
Mincha/Maariv	8:00 pm

Thursday, July 29 / 18 Av

Shacharit	6:10 am
Mincha/Maariv	8:00 pm

Friday, July 30 / 19 Av

Shacharit	6:15 am
Mincha/Maariv	7:00 pm
Candle-lighting, no later than	7:54 pm

Candles should ideally be lit on Friday by 7:15 p.m. when the Minyan in shul accepts Shabbat, but no later than the time indicated in the schedule.

Daf Yomi, currently studying Shevuot meets Monday through Friday at 5:30 a.m. and on Shabbat and Sunday at 7:30 a.m.

The last time for **Kiddush Levana** is Monday at 12:29 p.m. + 17 *Chalakim*.

Derash veDaSh - A Shabbat Message and Greeting In and Out of the Comfort Zone

For the “Three Weeks” leading up to and including Tisha be-Av, we gradually remove ourselves from our “comfort zone”. Our presentability is somewhat compromised by restrictions on grooming, bathing, and laundered clothing. Initiatives and activities that normally provide us with joy may be off-limits. Our choice of cuisine is curtailed during the Nine Days and reduced to just a single cooked dish for the *Seuda Mafseket*, the meal just before the Fast. Tisha be-Av itself imposes restraints like no other day on the Jewish calendar, combining the *Chameshet Inuyim*, the “Five Afflictions” of Yom Kippur, with the prohibitions of a mourner during Shiva. We are displaced from our regular seats unto the floor, our sleeping arrangements are downgraded a notch in terms of comfort-level, davening – including the *de rigueur* donning of *Tallit* and *Tefillin* is a radical departure from that of another weekday. Alas, we cannot even greet our friends and associates in a friendly fashion, nor study the Torah that on every other day of the year is our spiritual lifeline. Even the very name of this period – *Bein Ha-Metzarim* (literally, “between the constraints”) – expresses this sentiment of confinement, the inability to conduct ourselves as we might otherwise desire.

Then midday of Tisha be-Av, slowly things begin to change. We return to our seats, put on Tallit and Tefillin, and compensate for missed prayers. By the following afternoon, life will seemingly be restored to its pre-“Three Week” normalcy. We might say that *Nachem* – the blessing of “Comfort” recited only once a year during Mincha of Tisha be-Av – symbolizes our return to our comfort zone. For seven weeks thereafter – beginning with Shabbat Nachamu – we recite *Shiva de-Nechemta*, seven portions from the Prophets, all promoting themes of comfort and consolation.

Yet, something happens at the conclusion of this series of Haftarat. The very next one – read on the Shabbat between Rosh Hashana and Yom Kippur - is *Shuva*, Return! Apparently, after seven weeks back in our comfort zone, we are told once again to transplant ourselves. What we thought was our home base, turns out to be a motel – temporary lodging. Our baseline may be just a basement, awaiting upward expansion. As we approach the High Holiday period, we re-position the coordinates of our comfort zone. (In the words of a GPS, “Recomputing!”) This time, however, the parameters are different, we move not toward the earth, in the sense of both setting and substance, but direct our compasses and navigational devices towards Heaven and Heavenly matters. On Rosh Hashana we break down barriers with the shofar blasts, and on Yom Kippur, we ascend the virtual ladders into what will become our new comfort zone. In this development project, there is no need for variances or permits, our zoning laws allow for spontaneous rezoning. In fact, they even encourage it!

Shabbat Shalom,
Rabbi Lawrence Teitelman



YOUNG ISRAEL OF NEW HYDE PARK

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Announcements

Kiddush this week is sponsored by the Shul, as well as by Rashel and David Rouhani in honor of Liora Sarah's birthday.

Seuda Shelishit this week is sponsored (and catered) by Dovid Gottesman in honor of his wife Miriam on the occasion of her retirement from a career at the Board of Education.

Office Hours this week are Tuesday, Thursday and Friday, 9:00-1:00 p.m. The office is closed on Monday.

Food Certificates for A&A Gourmet, Mazurs, Pathmark, Stop & Shop, and Waldbaum's, and **Chesed Dollars** for many kosher/Jewish businesses, can be purchased from our office or Art Feldman 516-227-0707, Paige Finkelstein 718-343-4821, Rena Gombo 718-343-3855, and Ilene Horowitz 718-470-9474.

To sponsor **Kiddush**, please contact Howie or Lisa Lerner at 516-326-2955. To sponsor **Seuda Shelishit**, please contact Dovid Gottesman at 718-347-6103.

For **Bikur Cholim**, contact Adrienne Wolf at 516-328-8451.

Berukhim ha-Ba'im to

Dr. Tzvi and Bruria Wilbur, Tehilla and Avraham Yitzchak

Shlomo and Ilana Barry

Welcome to the community!

This Week in Jewish History

(adapted from OU.org and other sources)

[13 Av] Jews of Wurzburg were massacred, 1298. ■ Yahrzeit of Sir Moses Montefiore, Sheriff of London, banker and philanthropist, died 1885. ■ Yahrzeit of R. Yosef Eliyahu Henkin, Director of Ezras Torah (reputed as the "Holy of Holies" among Tzedakot), 1973. ■ Yahrzeit of R. Zelig Epstein, Rosh Yeshiva of Yeshiva Shaar HaTorah in Kew Gardens, Queens, 2009. **[14 Av]** Arabs took control of Israel from the Byzantines, 636. ■ Pope Nicholas III requires attendance of Jews at conversion sermons, 1278. ■ 10,000 Jews of Minsk killed by Nazis, 1942. **[15 Av]** Tu Be-Av, a holiday deemed by the Talmud as one of the two most joyous days of the year (the other being Yom Kippur). Tu Be-Av celebrates numerous events including: marriage between the tribes was permitted (even where it might affect ancestral property), the annual completion of the mitzva to cut wood for the Altar in the Holy Temple, the lengthening of the days following the summer solstice thus providing more time for nighttime Torah study, and the Romans permitted burial of the Beitar massacre victims. ■ Yahrzeit of "Nachum Ish Gamzu" (appeared in Friday's Daf Yomi), and Rabbi Akiva's rabbi for 22 years. ■ Almohads, a fanatic anti-Jewish Muslim sect in Spain, broken in battle, 1212. ■ Jews of Great Poland were authorized to elect a Chief Rabbi, 1541. ■ Yahrzeit of R. Shimon ibn Lavi, composer of the song "Bar Yochai", 1588. ■ Jews of Cochin, India, received a large shipment of Judaica, including Sifrei Torah from Amsterdam, 1686; the day was celebrated as an annual holiday. ■ Baron Lionel de Rothschild became the first Jew in the British Parliament, 1858, after a new version of the oath without reference to Christianity was agreed upon. ■ Tiferet Bachurim, a secret religious youth center was opened in the Kovno Ghetto, 1942. **[16 Av]** The British government ordered the deportation to Cyprus of all "illegal immigrants" to Israel, 1946. **[17 Av]** 120 Jewish families arrived in Buenos Aires, 1889, "giving birth" to the modern Argentinean Jewish community which today numbers approximately 250,000 Jews. ■ Arabs attacked Jews throughout Israel; among them were the students of the Hebron Yeshiva, 1929. **[18 Av]** The *Ner Maaravi* (the western lamp of the Menora in the Holy Temple) was extinguished during the reign of King Achaz; the date was observed as a fast day. ■ Yahrzeit of R. Yaakov Kuli, founding author of *Me'am Lo'ez*, Midrashic anthology series, 1732. **[19 Av]** 200 Jews were killed in the massacre of Beziers, a city of southern France and an ancient Gallic fortress, 1209. ■ Jews of Mitchenick, Poland, were expelled by Russian authorities, 1914. ■ Bar Ilan University was founded, 1955.

Upcoming Shul and Community Events

Pirkei Avot Shiur for Ladies

Saturday, July 24th 5:30 p.m.

Given by Nehama Teitelman

Hosted by Marcia and Dan Stevelman, 76-23 263rd Street

Home Kiruv Training Seminar at YINHP,

in partnership with Project Inspire

Monday, August 16th 8:00 p.m.

RSVP to Rabbi Teitelman

YINHP Executive Board Meeting

Wednesday, August 25th 8:00 p.m.

"Jewish Music Under the Stars"

Annual Queens Summer Concert Series

Wednesday, August 11, 18 and 25 at 7:00 p.m.

Location: Cunningham Park (Union Tpke. & 196th St.)

The Park Page Puzzle

This week's Puzzle: What bearing has Parashat Vaetchanan on whether Kadish begins *Yitgadel ve-Yitkadesh* or *Yitgadal ve-Yitkadash* (i.e. is the root's second letter vocalized with a *tzere* or *patach*).

Solution to last week's Puzzle: In addition to Shabbat Chazon, Shabbat Nachamu (immediately after Tisha be-Av) and Shabbat Shuva (between Rosh Hashana and Yom Kippur) both get their names from the opening word of the week's Haftara. According to Abudriham (14th Century commentator on Jewish Liturgy), Shabbat Hagadol (just before Pesach) also derives its name from the word "Hagadol" that appears towards the end of the Shabbat's Haftara. Yasher koach to Sid Fine, Jeff Grunfeld, Kal Talansky, and Debbie Waxman for their solutions.

Countdown to the High Holidays

The High Holidays are only six weeks away with **Rosh Hashana** on Wednesday night through Friday, September 8-10, and **Yom Kippur** on Friday night and Saturday, September 17-18.

To purchase **High Holiday Seats** and/or to submit **High Holidays Greetings** for our newsletter, contact Chuck Waxman or the Shul Office.

To list names in our **Book of Remembrance** used on Yom Kippur and whenever Yizkor is recited, contact Roz Weissman or the Shul Office.

To submit an article about the Tishrei holidays for our Torah Journal **Bikurei Torah**, or to be a sponsor (\$18), contact Rabbi Teitelman.

"Speak unto Jerusalem"

(Haftara for Shabbat Nachamu)



Needlework by YINHP member Mildred Slipoy, of blessed memory, who passed away last week. Photo courtesy of the family.